

Grade Level: Fourth **Topic:** November – Habit #2 Begin with the End in Mind

Materials:

ASCA Standards

Standard A: Students will acquire the knowledge, attitudes and inter- personal skills to help them understand and respect self and others.

PS:A1 Acquire Self-knowledge

PS:A1.3 Learn the goal-setting process

Standard B: Students will make decisions, set goals and take necessary action to achieve goals.

PS:B1 Self-knowledge Application

PS:B1.10 Identify alternative ways of achieving goals

PS:B1.12 Develop an action plan to set and achieve realistic goals

Introduction

- ✓ Last time I was here we learned Leadership Habit #1 Be Proactive and we talked about being the water bottle, that stays in control and not the pop bottle, that reacts.
- ✓ I would like everyone to write about one way that they have been proactive and you were the water bottle on this paper (Proactive share out), make sure that you turn the question around and say I was proactive when I...or I was the water bottle when I ...
- ✓ Before I leave today I will hand out poster paper for those of you that want to make a “Be the Water bottle Poster”.
- ✓ So, our first habit is? Be Proactive – Be the Water Bottle!
- ✓

Check Prior Knowledge

- ✓ Number 2 habit is Begin With the End in Mind
- ✓ What do you think that means?

Set Purpose

- ✓ Students will learn that Habit #2 means that they need to make a goal and make a plan.

Procedures

- ✓ The students will watch the ppt on Habit #2.
- ✓ The students will complete the “Making and reaching Goals” worksheet
- ✓ It’s much easier to reach your goal if you have a plan.
- ✓ Now we are going to make our own goals and plan to reach the goal.
- ✓ Model how to make a goal and plan to achieve the goal.
- ✓ Put up Anchor chart of possible goals.
- ✓ Hand out Begin with the End in Mind worksheet.
- ✓ Student will pick a school goal for themselves.
- ✓ Then they will make a plan to accomplish their goal.
- ✓ Student will sign their plan and goal.

Check for understanding

- ✓ Remember if we are going to Begin with the End in Mind we have to make a goal and make a plan.