

# **Grade Level: Third      Topic: October – Wrinkled Heart**

**Materials:** Book –Chrysanthemum by Kevin Henkes, individual paper hearts, student pledge writing worksheet, band aids with every student’s name on one, large red classroom heart cut out, light up heart.

## **ASCA National Standards Domain: Personal/Social Development**

- ✓ **Standard A:** Students will acquire the knowledge, attitudes and inter-personal skills to help them respect self and others.
  - **PS:A1** Acquire Interpersonal Skills
    - **PS:A2.3** Recognize, accept, respect, and appreciate individual differences.
    - **PS:A2.8** Learn how to make and keep friends.

## **Introduction**

- ✓ Today we are going to talk about our hearts. (use light up heart to illustrate happy – light on, sad – light off) Our hearts hold our memories, our happy and our sad feelings and everything in between.

## **Check Prior Knowledge**

- ✓ What kind of things might make our hearts happy?
- ✓ What are some things that might make our hearts sad?

## **Set Purpose**

- ✓ Students will understand that hurtful words and actions can leave a lasting impression on others and may result in a loss of friendship.

## **Procedures**

- ✓ Distribute the paper hearts to the students.
- ✓ Explain that you are going to read a story to them. They may have heard the story before, but this time you want them to pay attention to certain details.
- ✓ Tell students that, as you read the story, they should fold their hearts each time something mean is said to Chrysanthemum, or each time something is said that makes her feel sad. It does not matter how they fold their hearts. Tell students to unfold their hearts each time positive, nice things are said to Chrysanthemum.
- ✓ As you are reading, you may want to pause to make sure that the students are “catching” all the positive and negative things being said to Chrysanthemum.
- ✓ When you finish the story, the students’ hearts and the large classroom heart should be unfolded.
- ✓ Ask, “ How do the hearts look now compared to when we began the class.
- ✓ Direct the students to try to get all the wrinkles (folds/creases) out of the hearts. Give them a few minutes to try to get them out.
- ✓ Then discuss how they cannot get all the wrinkles out.
- ✓ Discuss with the students that the wrinkled heart will never be the same after hurtful words or mean things happen to it. Discuss how saying I’m sorry doesn’t always erase what happened. Sometimes those hurtful words leave a wrinkle on our hearts and feelings.

- ✓ On the large classroom heart write this poem, " Before you speak. Think and be smart. It's hard to fix a broken heart!"
- ✓ Ask the students why they think it's important to think before they speak. Ask student if they would want to stay friends with someone who wrinkled their heart.
- ✓ Have the students fill in their pledge to not wrinkle hearts by adding their own ideas about how to not hurt others with our words.
- ✓ After they have finished their pledge, have students come up and put their Band-Aid on the classroom heart.

### **Check for understanding**

- ✓ Have students share examples of how to not wrinkle a heart with the class. Go around as students share and let them light up the heart.

### **Summarize**

- ✓ Hang the classroom heart as a reminder of the lesson.
- ✓ Words can be very hurtful and we need to be careful of what we say so that we never wrinkle another person's heart.
- ✓ If someone says something mean to , it's okay to say, "Please don't wrinkle my heart! Or simple say, "Ouch! That wrinkled my heart!"